



Honoring the Honorable John T. Broderick, Jr. & Patti Broderick for their significant contributions in raising understanding and awareness of mental health and elevating the importance of discussion and treatment, to better support people, especially young people, to receive the support they need to thrive.

“This is the most important and meaningful work of my career.” – John T. Broderick, Jr.

John T. Broderick, Jr. is the senior director of External Affairs at Dartmouth Health (DH). Prior to joining Dartmouth Health, he was a member of the New Hampshire Supreme Court from 1995 to 2010, serving as chief justice from 2003 to 2010. During his time on the Court, the Broderick family experienced the devastating impacts of mental illness in a very public way.

For years, Broderick’s eldest son struggled with addiction, which had masked a severe underlying mental health issue. One evening, that struggle manifested itself in an assault that nearly cost Broderick his life, and sent his son to prison. As a family they survived and healed, and now use their experience to help educate others that mental illness is not something to be ashamed of. Rather, it is something to be recognized and to be addressed just as any physical illness would be.

In 2016, after having served as New Hampshire co-chair of national mental health awareness **Campaign to Change Direction**, Broderick helped to create **Dartmouth Health’s R.E.A.C.T campaign**. This powerful public awareness campaign represents the steps people can take when they recognize that they or someone they care about is experiencing mental health challenges.

Since 2016 John has spoken more than 700 times to more than 140,000 people including middle, high school and college students, business leaders and their employees, senior citizens and veterans. He has driven more than 97,000 miles crisscrossing New Hampshire, Vermont, Maine and Massachusetts in an effort to improve understanding and awareness of mental illness, to eliminate its stigma and to encourage discussion. His family’s personal experience with undiagnosed and untreated mental illness is the driving force behind his dedication to share the 5 Signs/R.E.A.C.T messages with audiences and Broderick says this is the most important and meaningful work of his career.

Broderick has spoken alongside countless luminaries, political figures and business executives including the chief justices of the New Hampshire and Vermont Supreme Courts, the attorneys general of Vermont and New Hampshire and their staffs, former CEO of Proctor & Gamble and former U.S. Secretary of Veteran’s Affairs Bob McDonald, and executives from Johnson & Johnson and Booz Allen Hamilton, among many others.

John's travels to raise awareness about mental health and stigma reduction were detailed in the recent publication of his book: *Back Roads and Highways: My Journey to Discovery on Mental Health*. In his book, John details his family's experience with mental health and his personal mission to educate young people and their families about the warning signs of mental health problems and impending crises. The net proceeds from the sale of the book support psychiatric services at Dartmouth Health along with community education and advocacy efforts to overcome the stigma of mental illness.

John Broderick is an honors graduate of College of the Holy Cross in Worcester, MA, and the University of Virginia Law School, Charlottesville, VA.

Patti Broderick is an honors graduate of Notre Dame College in Manchester, NH and, for many years, was a grade school teacher in Londonderry. Here's how John describes Patti: "She is the mother of the year and the strongest person I know. Anything I have accomplished in my career is because of her selflessness and constant support." Patti's love and determination helped their family heal, and now she and John are helping other families do the same.